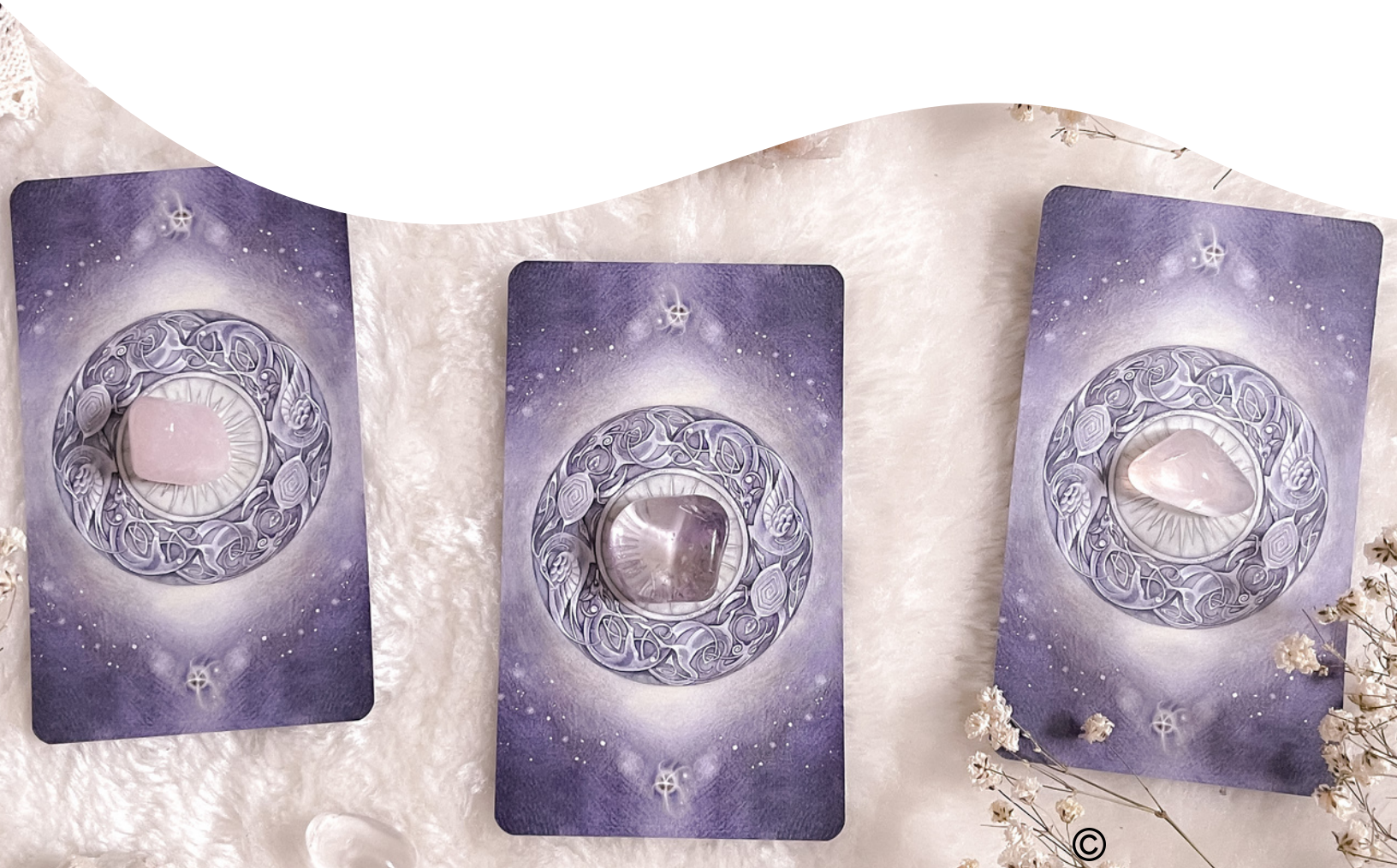




by Lulu Fletcher

# CLEANSING AND PROTECTING YOUR CARDS FROM NEGATIVE ENERGIES



## **MOON ENERGY**

Full Moon

Place your cards in a safe space out under the moonlight over night. Just like crystals can be charged by the moonlight - so can your cards.



## **CRYSTALS**

Selenite or Clear Quartz

Place Selenite or Clear Quartz on top of your deck to cleanse and clear your deck. Doing this also enhances to connection with Spirit Guides.



## **SUNLIGHT**

Sunshine and Fresh Air

This is a fast and effective way to remove stagnant energies. Just as the sunshine is good for us, it is also good for our cards in short sharp intervals.

## **KNOCKING**

Knock 3 times on the top of the deck in between readings

It has been said that knocking 3 times on the top of your deck clears the cards. It literally "knocks" the negative/stale energy out.

## **SOUND**

Chimes or Tibetan Sound Bowls

I don't know about you, but I often feel better after a sound healing. Our cards are no different. Place your deck inside a singing bowl, and play the bowl or play the chimes over the top of your cards.



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