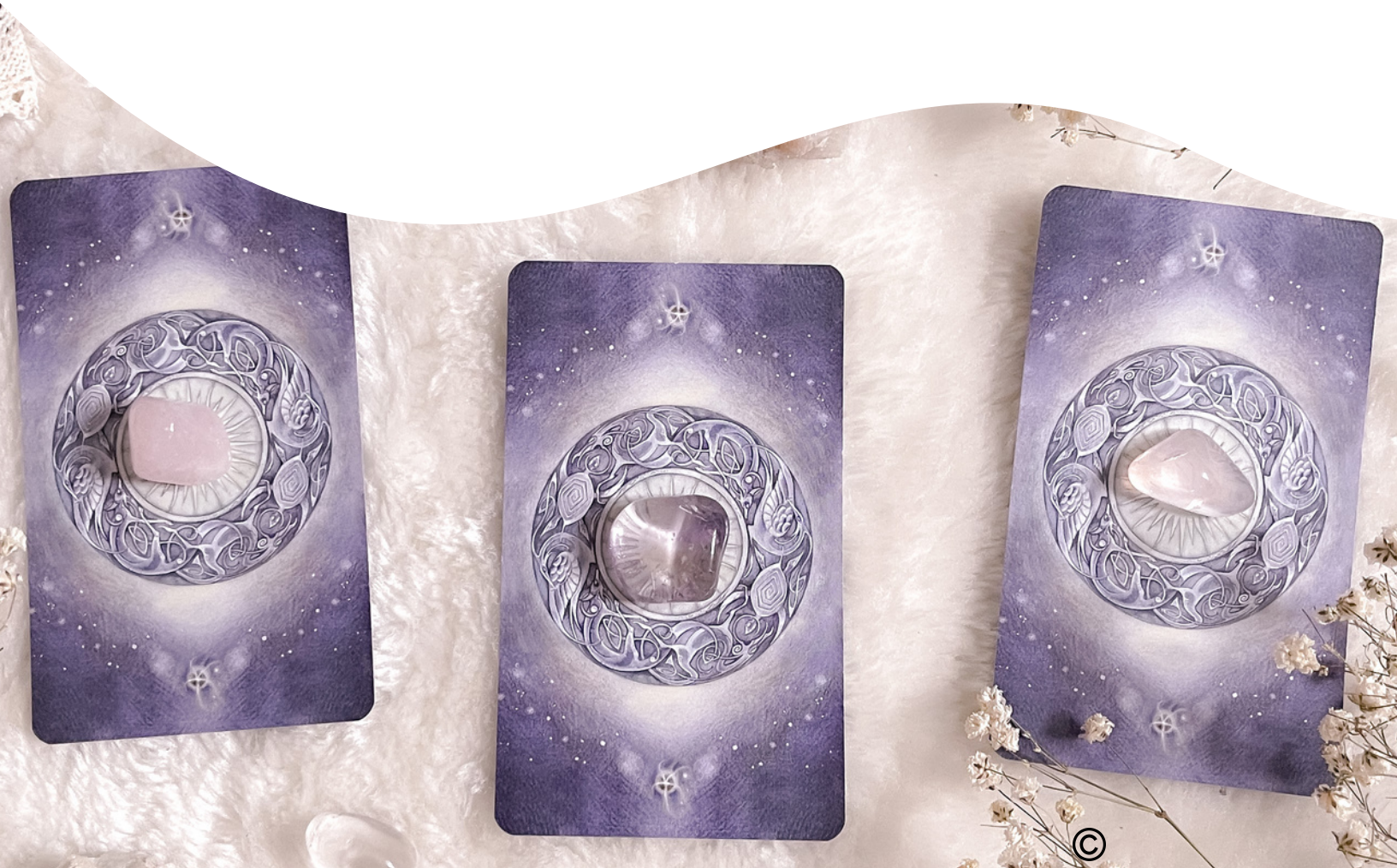




by Lulu Fletcher

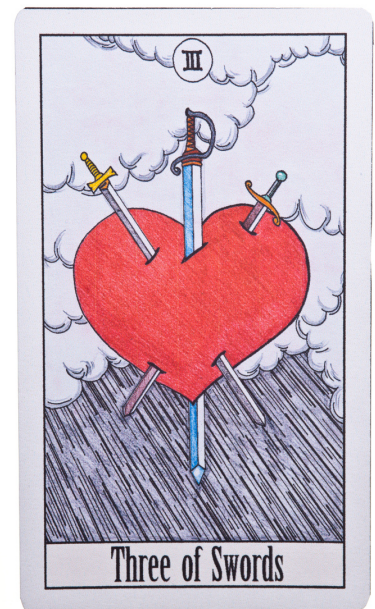
# DARK & LIGHT IN TAROT



## DARK & LIGHT IN TAROT

Whilst there are no “good” or “bad” cards, only your interpretation, the Tarot does carry both dark and light symbology and the Tarot carries both positive and negative energies and messages about this dark and light.

The three of swords for example – talks about heart break, divorce, heart attack, wounding and mourning. It also brings the message of emotional healing through an emotional event.



### Exercise

Try this on your own or Pair up with a friend.

Each will have a turn.

Think of a question or situation, shuffle the cards – select 3, lay them out.

Now look at the colours of the cards – are they primarily dark or light?

When looking at the brighter cards can you see the undercurrent colours? How does this speak to you?

When looking at the darker cards can you see glimpses of light? (eg. 10 swords)

As you observe this darkness and sit with it a bit – does it turn out to be threatening or is it actually strong healing energy which can often be mistaken for negativity?

Brought to you by



[www.lulufletcher.com.au](http://www.lulufletcher.com.au)